

Book Folding Pattern

Designed by livresplies.fr

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Name:	Gymnaste
No. of Folds:	162
Book Height (cm):	20
Method:	Cut & Fold



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Fold	Measure, Mark, Cut & Fold Points													
1	4.3	4.6												
2	4.3	4.7												
3	4.3	4.8												
4	4.3	4.8												
5	4.4	4.9												
6	4.5	4.9												
7	4.5	5.0												
8	4.6	5.1												
9	4.6	5.3												
10	4.7	5.3												
11	4.7	5.4												
12	4.8	5.5												
13	4.8	5.5												
14	4.8	5.5												
15	4.8	5.5												
16	4.9	5.5												
17	4.9	5.5												
18	5.0	5.5												
19	5.0	5.5												
20	5.0	5.5												
21	5.0	5.5												
22	5.0	5.5												
23	5.0	5.5												
24	5.0	5.6												
25	5.0	5.6												
26	5.1	5.7												
27	5.1	5.8												
28	5.1	5.8												
29	5.1	5.8												
30	5.1	5.8												
31	5.2	5.9												

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Fold	Measure, Mark, Cut & Fold Points													
32	5.2	6.0												
33	5.2	6.0												
34	5.2	6.0												
35	5.2	6.1												
36	5.3	6.1												
37	5.3	6.2												
38	5.3	6.2												
39	5.3	6.2												
40	5.3	6.3												
41	5.3	6.3												
42	5.3	6.3												
43	5.3	6.3												
44	5.3	6.3												
45	5.3	6.3												
46	5.4	6.3												
47	5.4	6.3	11.3	12.0										
48	5.4	6.3	11.2	12.1										
49	5.4	6.4	11.0	12.1										
50	5.5	6.4	10.9	12.2										
51	5.5	6.5	10.8	12.2										
52	5.5	6.6	10.8	12.2										
53	5.6	6.7	10.8	12.3										
54	5.6	6.7	10.8	12.3										
55	5.7	6.8	10.8	12.4										
56	5.7	6.8	10.7	12.4										
57	5.8	6.9	10.7	12.3										
58	5.8	7.0	10.8	12.3										
59	5.8	7.1	10.8	12.4										
60	5.8	7.2	10.8	12.4										
61	5.9	7.3	10.4	12.4										
62	5.9	7.3	10.3	12.4										

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Fold	Measure, Mark, Cut & Fold Points													
63	6.0	7.4	10.2	12.4										
64	6.0	7.4	9.5	9.7	10.0	12.3								
65	6.0	7.5	9.6	12.0	15.6	15.8								
66	6.1	7.6	9.7	10.8	11.0	12.0	15.6	15.8						
67	6.1	7.7	9.8	10.8	11.0	11.9	15.6	15.8						
68	6.2	7.8	9.9	10.8	11.0	12.2	15.6	15.8						
69	6.2	8.0	10.1	10.6	10.9	12.5	15.5	15.8						
70	6.3	8.2	10.8	12.8	15.5	15.8								
71	6.3	8.3	10.6	13.1	15.4	15.8								
72	6.3	8.4	10.5	14.4	15.3	15.8								
73	6.4	8.5	10.3	14.9	15.1	15.8								
74	6.4	8.6	10.2	15.8										
75	6.5	8.7	10.0	15.8										
76	6.6	8.8	9.8	15.7										
77	6.6	8.9	9.5	15.7										
78	6.6	15.7												
79	6.6	15.7												
80	6.6	15.7												
81	6.6	11.8	13.5	14.4	15.3	15.6								
82	6.6	11.8												
83	6.5	11.7												
84	6.5	11.7												
85	6.4	11.6												
86	6.4	11.6												
87	6.4	11.5												
88	6.3	11.4												
89	6.3	11.3												
90	6.3	9.9												
91	6.3	9.4												
92	6.3	7.7	7.9	9.0										
93	6.3	7.7												

Fold	Measure, Mark, Cut & Fold Points													
94	6.3	7.6												
95	6.3	7.6												
96	6.3	7.6												
97	6.3	7.6												
98	6.3	7.5												
99	6.3	7.5												
100	6.3	7.5												
101	6.3	7.4												
102	6.3	7.4												
103	6.3	7.3												
104	6.3	7.3												
105	6.3	7.3												
106	6.3	7.3												
107	6.3	7.3												
108	6.3	7.2												
109	6.3	7.2												
110	6.3	7.1												
111	6.2	7.1												
112	6.1	7.1												
113	6.1	7.0												
114	6.0	7.0												
115	5.9	7.0												
116	5.8	7.0												
117	5.8	6.9												
118	5.8	6.9												
119	5.7	6.8												
120	5.7	6.8												
121	5.6	6.8												
122	5.6	6.7												
123	5.5	6.6												
124	5.5	6.5												

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Fold	Measure, Mark, Cut & Fold Points													
125	5.5	6.5												
126	5.4	6.4												
127	5.4	6.3												
128	5.4	6.3												
129	5.4	6.3												
130	5.4	6.2												
131	5.4	6.2												
132	5.4	6.1												
133	5.3	6.1												
134	5.3	6.0												
135	5.3	5.9												
136	5.3	5.9												
137	5.2	5.8												
138	5.2	5.8												
139	5.1	5.8												
140	5.0	5.8												
141	4.9	5.7												
142	4.8	5.6												
143	4.8	5.6												
144	4.7	5.5												
145	4.7	5.5												
146	4.7	5.4												
147	4.7	5.4												
148	4.7	5.4												
149	4.7	5.3												
150	4.7	5.3												
151	4.7	5.3												
152	4.7	5.3												
153	4.7	5.2												
154	4.7	5.2												
155	4.7	5.1												

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Fold	Measure, Mark, Cut & Fold Points													
156	4.7	5.0												
157	4.6	5.0												
158	4.6	4.9												
159	4.6	4.9												
160	4.6	4.8												
161	4.6	4.8												
162	4.6	4.8												